

# Grayslake YMCA 847.548.8300

Winter - Children's Programming  
January 3rd - February 20th, 2010 (7 weeks)



SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
					*Parents Night Out* \$20 per child See Brochure for details <b>Children must be toilet trained!</b>	
				3:30 - 4:00 PM Kids Fitness (\$) Jenise (Ages 4-6) Fee: \$25 Member		
		4:30 - 5:30 PM No Cooking Req. Lisa (\$) Fee: \$25	4:00 - 4:30 PM Little Athletes Lisa (\$) Fee: \$25 Member			
		5:30 - 6:20 PM Tae Kwon Do Ages 7 and up Master Kim (\$) Fee: \$45 Member		4:15 - 5:00 PM Kids Fitness (\$) Jenise (Ages 7-11) Fee: \$30 Member		
					*6:30 - 9:45 <b>Drive-In Movie</b> Jan. 22 - PNO <b>Reg. Required</b>	
					*6:30 - 9:45 PM <b>Valentine Party</b> Feb. 12 - PNO <b>Reg. Required</b>	
					<b>Grayslake YMCA Hours</b> Mon.-Fri. 5:00am-10:00pm Saturday 7:00am-5:00pm Sunday 7:00am-5:00pm	
					<b>Mazing Kids Hours</b> Mon.-Thurs. 8:30am-1:00pm 4:00-8:00pm Friday 8:30am-1:00pm/4:00-6:30pm Sat.-8:30am-12:30pm Sunday - 9:00 am - 12:30 pm	

For their health and safety, young children under the age of 12 are not permitted in the aerobics room during classes or in the fitness center at any time. Youth under the age of 17 are to attend the appropriate orientation to the fitness equipment.

Grayslake YMCA will be open on Christmas Eve 5:00 AM - 12:00 Noon, Christmas Day CLOSED, New Year's Eve 5:00 AM - 3:00 PM, and New Year's Day 8:00 AM - 1:00 PM. 'MAZING KIDS WILL BE CLOSED.

PLEASE NOTE - THERE WILL BE NO REGULARLY SCHEDULED GROUP FITNESS CLASSES ON CHRISTMAS EVE, CHRISTMAS DAY, NEW YEAR'S EVE AND NEW YEAR'S DAY.